

## Intensive Therapy Frequently Asked Questions

How long are intensives?

- 3 hours/ day, 5 days/ week, for 3 consecutive weeks
- Daily from 8 am - 11 am OR 12 pm - 3 pm
- Your child will be given rest and snack breaks as needed, but plan to work consistently for all 3 hours.

What should my child wear during intensives?

- Dress comfortably, but consider the equipment or tools they may be using! T-shirts, leggings/pants, and tennis shoes are perfect!

What should I bring?

- Braces, AFOs/ SMOs, shoes that fit over orthotics
- Snacks and water
- Diaper bag- diapers, wipes, change of clothes
- Any specialty equipment that will help your child BEE the best they can BEE! Hand splints, special eating utensils, walkers, wheelchairs, AAC device, communication tools, etc.
- Anything that might provide extra motivation- favorite toys, pictures of loved ones, electronic devices- rewards always come in handy when sessions get tough!

What else should I expect?

- Crying is normal. Your child is in a new environment with new people, but rest assured that before their time is up, there will be a special bond between your little and our Hive!
- Intensives are intense. Make sure to balance their hard work with fun activities and plenty of down time!

When does the next round of intensives start?

- We have intensives scheduled every 3 weeks throughout the year with a few built in breaks for our team. To see the full schedule, visit our website or email us!

How much time do you recommend between intensive sessions?

- 6 weeks to rest, recover, and practice everything they have learned!